

# RAISING KIDS IN TODAY'S HIGH-PRESSURE SOCIETY: The Connection Between Stress, Pressure & Substance Abuse And What You Can Do About It



Please join us for a necessary and courageous conversation about the pressures on our children today and the very real connection between that pressure and substance abuse among youth in Marin County.

with  
Jennifer Grellman, Being Adept  
Jennifer Kenny-Baum, TUHSD Wellness Center  
Scott McKenna, CMPA  
and two local teens



The panelists will present on and answer questions about the pressures on our students, the possible consequences of these pressures, why we need to address this topic in middle school, how to talk to our children about it, and strategies for tackling it.

**MARCH 15, 6:30-8:00 PM, HALL MIDDLE SCHOOL**

Sponsored by Hall Middle School PTA and Twin Cities Coalition for Healthy Youth

RSVP: <https://goo.gl/85gNHu>