

## • Parent-Teen Speaker Series •



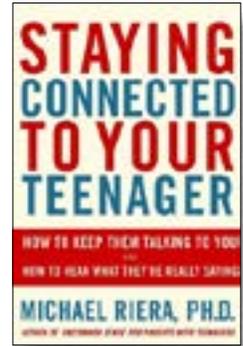
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**October 4th**  
7:00pm-8:30pm  
College of Marin Theater –  
James Dunn Auditorium  
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**FEATURING**  
award winning author  
and teen expert  
**Mike Riera, Ph.D.**

### **Staying Connected to your Teenager - How to Keep Them Talking to You and How to Hear What They're Really Saying**

Please join us for a special parent-education event with Dr. Mike Riera. Sponsored by Tam High PTSA, in collaboration with Redwood High PTSA, The Ross Valley Healthy Collaborative, Mill Valley Middle PTSA, Reed Union School District, White Hill Middle Parent Club, Kentfield Schools PTA, Hall Middle School PTA, and Marin Primary & Middle School.



***“Parenting a Teenager means thinking more in terms of influence than control -- easy to say, tough to do.”***  
**Dr. Mike Riera**

Teenagers are frequently misunderstood by even the most caring adults. This isn't due to lack of effort, but instead has more to do with inaccurate stereotypes and portrayals of teenagers. And the best way to cut through these superficial stereotypes is through a grounded understanding of adolescent development. Unfortunately, in this regard, much of psychology focuses on pathology and abnormality, which is of little help to parents. Teenagers are complex, but they are not impossible to understand.

The goal of Mike's presentation is not to tell anybody how to parent their kids, but rather to help translate what teenagers mean (but can't say) by their behaviors and attitudes. He does this primarily by connecting research to everyday behaviors that parents see in their teens. As adults, the more we understand the meanings behind teen behavior, the more flexible we can be in our responses. This in turn means better relationships with our teenagers and healthier teenagers overall. (Teens Welcome)

[RSVP HERE](#)

#### **About the Speaker:**

Mike Riera, Ph.D., is one of the country's foremost authorities on understanding children and teenagers. The San Francisco Chronicle described Mike as "the Dr. Spock for teenagers and their parents."

The cornerstone of his philosophy for parents with teenagers is teaching parents to make the shift from being managers in their teenagers' lives to becoming their consultants. Mike has written or co-written five books related to teenagers and their parents, two were also featured on Oprah--Uncommon Sense for Parents With Teenagers and Staying Connected To Your Teenager. RSVP